

This form may be used to refer patients to the WIC Program and to communicate changes in patient health information. The information provided on this form will be used by a WIC nutritionist to determine nutrition care and provide nutrition counseling.

A separate form is required for each patient. Sections B, C and D must be completed by a health care provider. See reverse side for additional instructions.

WIC OFFICE USE	
WIC ID _____	
WIC LOCAL AGENCY STAMP	
Catholic Charities WIC Nutrition Program	
38 St. Johns Place	
Freeport, N.Y. 11520	
Phone: 516-377-0157	
Fax: 516-623-2125	

**A. Patient Information**

Patient Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex \_\_\_\_\_  
 Street Address \_\_\_\_\_ Apt. No. \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_  
 Preferred Language(s) \_\_\_\_\_ Parent/Guardian Name \_\_\_\_\_

**B. Patient Medical Information** *Health Care Provider: Please complete the section that is appropriate for the above named patient.*

<p><input type="checkbox"/> <b>WOMAN</b></p> <p>Current Height _____ in                  Current Weight _____ lbs _____ oz                  Date Taken ____/____/____</p> <p>HGB _____ g/dL or HCT _____ %                  Date Taken ____/____/____</p> <p>Number of Previous Pregnancies _____                  Number of Previous Deliveries _____                  Date Prenatal Care Began ____/____/____</p> <p><input type="checkbox"/> <b>If Pregnant:</b>                  Estimated Date of Delivery ____/____/____                  Number of Fetuses _____                  Pre-pregnancy Weight _____ lbs _____ oz</p> <p><input type="checkbox"/> <b>If Postpartum:</b>                  Delivery/Termination Date ____/____/____                  Total Gestational Weight Gain _____ lbs _____ oz</p>	<p><input type="checkbox"/> <b>INFANT OR CHILD UP TO 24 MONTHS</b></p> <p>Birth Length _____ in or _____ cm                  Birth Weight _____ lbs _____ oz or _____ kg                  Weeks Gestation _____</p> <p>Current Length _____ in or _____ cm  <input type="checkbox"/> Standing <input type="checkbox"/> Recumbent (&lt;2 Years)                  Date Taken ____/____/____</p> <p>Current Weight _____ lbs _____ oz or _____ kg                  Date Taken ____/____/____</p> <p>HGB _____ g/dL or HCT _____ %                  Date Taken ____/____/____</p> <p>Venous Lead _____ µg/dL                  Date Taken ____/____/____  <input type="checkbox"/> Not Available</p> <p>Immunizations Up to Date?  <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not Available</p>	<p><input type="checkbox"/> <b>CHILD 2 TO 5 YEARS</b></p> <p>Height/Length _____ in or _____ cm  <input type="checkbox"/> Standing <input type="checkbox"/> Recumbent (If Unable to Stand)                  Date Taken ____/____/____</p> <p>Weight _____ lbs _____ oz or _____ kg                  Date Taken ____/____/____</p> <p>HGB _____ g/dL or HCT _____ %                  Date Taken ____/____/____</p> <p>Venous Lead _____ µg/dL                  Date Taken ____/____/____  <input type="checkbox"/> Not Available</p> <p>Immunizations Up to Date?  <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not Available</p>
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**C. Specific Medical Diagnosis or Nutrition/Health Concerns**

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**D. Health Care Provider Information**

Provider Name (Print) \_\_\_\_\_ OFFICE STAMP \_\_\_\_\_  
 Provider Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Street Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
 Phone (\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_

**E. Release of Information**

I authorize \_\_\_\_\_ (Health Care Provider) to release the information above to the WIC Program, and I authorize the WIC Program to release information about me or my child to this health care provider for the purposes of coordinating my or my child's healthcare. If my child or I need to transfer to another WIC Program, I authorize the release of this information to the transferring WIC Program. All information is considered confidential.

Patient/Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

## Health Care Provider Instructions for Completing the WIC Medical Referral Form

Sections B, C and D must be completed by a health care provider. Please note that a separate form is needed for each patient.

**A. Patient Information:** This section may be completed by the health care provider, patient/parent/guardian, or WIC local agency staff. The information in this section should only pertain to the patient named at the top of the form.

**B. Patient Medical Information:** Complete the appropriate section for the patient named on the form.

Current height and weight measurements are to be taken no more than 60 days before the patient's WIC appointment.

**Women:** For all women patients complete current height and weight and the date taken; the hemoglobin or hematocrit value and the date taken; the number of previous pregnancies; the number of previous deliveries; and the date prenatal care began.

**Pregnant Women:** Eligible for WIC for the duration of their pregnancy and up to 6 weeks postpartum. Hemoglobin or hematocrit blood work must be taken during current pregnancy. Complete the estimated date of delivery, number of fetuses, and pre-pregnancy weight.

**Postpartum/Breastfeeding Women:** Non-breastfeeding postpartum women are eligible for WIC for up to 6 months after delivery/termination. Breastfeeding women are eligible for up to one year after delivery. Hemoglobin or hematocrit blood work must be taken during the postpartum period. Complete the delivery/termination date and the total weight gain during pregnancy.

**Infants and Children Less than 24 Months of Age:** Complete all available information. A hemoglobin or hematocrit blood work value is required once during infancy between 6 to 12 months of age (preferably between 9 to 12 months of age) and once between 1 to 2 years of age (preferably 6 months from the infant blood work value). If available, include a venous lead value and the date it was taken.

**Children 2 to 5 Years of Age:** Complete all available information. Children are eligible for WIC up to their fifth birthday. A hemoglobin or hematocrit blood work value is required once a year if found to be normal. If the value presents outside of the normal range (<11.1 hemoglobin or <33% hematocrit), the value must be tested again at 6 month intervals. If available, include a venous lead value and the date it was taken.

**C. Specific Medical Diagnosis or Nutrition/Health Concerns:** Note any significant medical diagnoses, history, or nutrition/health concerns. *List any specific nutrition counseling you would like your patient to receive in this section.* Other examples of applicable information for this section may include current or expected breastfeeding complications or food allergies. WIC staff may need to contact you or your staff to obtain more detailed medical information prior to providing WIC services.

**D. Health Care Provider Information:** Provider legibly prints their name, signs and dates the form. The remaining information in this section may be handwritten, or the form may be stamped with the office stamp.

**E. Release of Information:** The patient or parent/guardian of the patient writes the name of the health care provider on the line after "I authorize" then signs at the end of the statement, consenting to the sharing of pertinent health information between the health care provider and WIC local agency.

Give the completed form to the patient or parent/guardian to bring to the WIC appointment or mail/fax the form to the local WIC agency address shown in the top right corner of the form.

**We appreciate your cooperation and partnership in serving the New York WIC population.**